## MAPFRE 30 Days of Nature Challenge

01	Find and identify 3 different flowers	02	Look for shapes in the clouds	03	Splash in a puddle
04	Watch the sunrise	05	Listen to the birds early in the morning	06	Go for a walk
07	Do leaf rubbings with 3 different leaves	08	Find and identify 3 different insects	09	Read outside
010	Blow dandelion seeds	011	Go for a bike ride	012	Paint a rock
013	Look for animal tracks	014	Listen to night sounds	0 15	Find and identify 3 different birds
0 16	Stargazes	017	Roll down a hill	018	Find a spider web
0 19	Watch the sunset	020	Feed the birds	021	Plant a flower, tree or vegetable
o 22	Plan a nature scavenger hunt	023	Draw a picture of your favorite activity	024	Follow an ant trail
o <b>25</b>	Touch moss	026	Hug a tree	027	Walk barefoot in the grass or sand
<b>28</b>	Go on a rainbow color hunt	0 29	Eat outside	030	Find and identify a wild animal